| Number of places <br> each day | 20 minimum and 25 maximum |  |  |
| :---: | :--- | :--- | :--- | :--- |
| Staff involved | Mrs Slade and Mrs Tait |  |  |
| Days the activity <br> is running | Wednesday <br> only | Y |  |
| Description | The first hour of the day will include warm up activities and a read through of <br> the 2 short plays we are going to rehearse and perform. We are looking for a <br> minimum of 6 cast members to act in one play (but we can include more <br> actors if numbers allow) and 9 cast members for a second play. We also need <br> individuals who would like to operate lighting and sound or to manage props, <br> costumes and set for the performances. The morning session will then focus <br> on casting and rehearsing the plays, with theatre arts being added in bit by bit <br> until we can have a full run through with lighting and sound included. After <br> lunch we shall have a dress rehearsal before our final performance. All <br> participants need to bring a black t-shirt or top and black leggings/trousers/ <br> shoes. |  |  |
| Cost (if applicable) | Free (bring lunch and snacks) |  |  |

## Lego Activities

| Number of places each day | 10 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Staff involved | Mr Stanley |  |  |  |  |  |
| Days the activity is running | Wednesday | Y | Thursday | Y | Friday | Y |
| Description | - Build a Marble Run competition. <br> - Design a project for another team to construct. <br> - After lunch, we'll vote on which Lego Movie to watch and you can work on your own Lego projects. |  |  |  |  |  |
| Cost (if applicable) | Free |  |  |  |  |  |


| Number of places <br> each day | 10 |  |  |  |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Staff involved | Mr Trickett <br> Days the activity <br> is running |  | Friday <br> morning <br> ONLY | Y |  |



## Global Cuisine

| Number of places <br> each day | 20 |  |  |  |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Staff involved | Mr Griffiths, Miss Reid \& 1 other <br> Days the activity is <br> running Wednesday |  | Y | Thursday | Y |
| Description | Food Activity - 2023 GLOBAL CUISINE - reflecting diversity and inclusion. <br> 1 Recipe from South American cuisine -Starter - Mexican pockets with dipping sauces <br> Spiced chicken with cheese and vegetables encased in a flour tortilla <br> 2 Recipe from African cuisine - Main - West African Jollof rice with chicken, rice, and tomatoes <br> cooked in spices and herbs <br> 3Recipe from Eastern European cuisine -To finish - Paska <br> Orange fruited sweet bread, decorated with icing and sprinkles <br> (Vegetarian, gluten free and dairy free alternatives available. Nut free not guaranteed.) |  |  |  |  |
| Cost (if applicable) | £5.00 Wednesday \& Thursday 3 courses <br> £3.50 Friday 2 courses - Starter \& Dessert only |  |  |  |  |



| Number of places each day | 15 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Staff involved | Mrs Lawtie and Mrs McMahon |  |  |  |  |  |
| Days the activity is running | Wednesday | Y | Thursday | Y | Friday | Y |
| Description | Start the morning learning some 'Taiko' Japanese Performance Drumming.' Fun and energetic! <br> After morning break experience a Yoga class and Yoga Games In the afternoon enjoy some Yoga Nidra and Mindfulness Activities <br> No experience needed. All you need is a sense of humour and a willingness to try something new. <br> Wear loose fitting clothing like joggers and bring along a fleecy blanket and pillow for the relaxation activities. |  |  |  |  |  |
| Cost (if applicable) |  |  |  |  |  |  |


| Number of places <br> each day | 40 |  |  |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Staff involved | Mrs Watson, Ms Murray, Ms Wyllie |  |  |  |
| Days the activity <br> is running | Friday only | Y |  |  |
| Description | Create your artwork. <br> This is a chance to do the kind of artwork that you enjoy doing. You could <br> bring work from home or start a piece in the department. <br> You tell us what you want to do, and we will try to support you in your request. |  |  |  |
| Cost (if applicable) | £O |  |  |  |



| Number of places <br> each day |  |  |  |  |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Staff involved | Mr Whyborne | Thursday | Y | Friday | Y |
| Days the activity <br> is running | Wednesday | Y | Introduction to tabletop wargaming. Build, paint and play miniature <br> wargames: Warhammer: Age of Sigmar and Warhammer 40000. No <br> experience necessary, ideally come to all 3 days and play a full game by Friday. |  |  |
| Description |  |  |  |  |  |
| Cost (if applicable) | Materials Provided |  |  |  |  |


| Number of places each day | 15 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Staff involved | Ms Broadhurst |  |  |  |  |  |
| Days the activity is running | Wednesday | Y | Thursday | Y | Friday | Y |
| Description | (Add something here if you want or leave blank.) |  |  |  |  |  |
| Cost (if applicable) | $£ ?$ |  |  |  |  |  |


| Number of places <br> each day | 5 |  |  |  |
| :---: | :--- | :--- | :--- | :--- |
| Staff involved | Mrs Hoggan-Nisbett, Miss Leslie, Ms Wilson, Ms Peak, Miss Warwick |  |  |  |
| Days the activity <br> is running | Friday only | Y |  |  |
|  | We are pleased to inform you that you have been accepted to Hogwarts <br> School of Witchcraft and Wizardry. <br> You will be sorted into your houses, before games, quizzes and films. |  |  |  |
| Cost (if applicable) | - |  |  |  |


| Number of places <br> each day | 25 |  |  |  |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Staff involved | Mrs Houghton, Mrs Firth, Ms Warman | Y |  |  |  |
| Days the activity is <br> running | Wednesday | Y Thursday | $Y$ | Friday |  |
|  | On Wednesday and Thursday, we will start the day by walking from KGS into <br> Kirkwall, where we will visit places of interest, such as the cathedral and the <br> museum, to inspire our creativity. There will also be a trip to the Daily Scoop for an <br> ice cream at some point during the morning. <br> We will then have a packed lunch indoors/picnic outdoors (depending on the <br> weather) before spending the afternoon in Aalfiredup painting your beautiful <br> creations. The trip will end with a walk back to KGS. <br> On Friday, our trip will consist of a short walk from KGS to and around Kirkwall, <br> followed by a creative morning painting your beautiful creations at Aalfiredup, and <br> then an ice cream at the Daily Scoop, before walking back to KGS. <br> On Wednesday and Thursday, you will need to bring a packed lunch and a drink. |  |  |  |  |
| Cost for one day |  |  |  |  |  |
| (if applicable) |  |  |  |  |  |$\quad$| £l7 (this includes your activity in Aalfired Up and an ice cream at the Daily Scoop). |
| :--- |
| Please bring extra if you wish to purchase drinks and snacks on the day. |

## Crochet and Yarn crafts

| Number of places <br> each day | 20 |  |  |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Staff involved | Miss Brooks-Taylor |  |  |  |
| Days the activity <br> is running | Friday only | Y |  |  |
|  | Come and learn how to crochet a blanket or have a go at some more <br> challenging crafts. Feel free to bring your own supplies but there will be yarn <br> and hooks provided. |  |  |  |
| Description |  |  |  |  |
| Cost (if applicable) | - |  |  |  |

## Stem Activities




| Number of places <br> each day | 10 |  |  |  |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Staff involved | Mr Oakey and Mr Slade |  |  |  |  |
| Days the activity <br> is running | Wednesday | Y | Thursday | Y | Friday |
|  | (Add something here if you want or leave blank.) |  |  |  |  |
| Description |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| Cost (if applicable) | f? |  |  |  |  |


| Number of places <br> each day | $25-30$ |  |  |  |
| :---: | :--- | :--- | :--- | :--- |
| Staff involved | PE Department | Y | Y |  |
| Days the activity <br> is running | Friday only | Y |  |  |
|  | Pupils will meet in school and after registration, walk to Picky. We will have <br> one hour of bubble football followed by one hour in the pool with the <br> inflatables. |  |  |  |
| Description |  |  |  |  |
| Cost (if applicable) | £10 approx (depending on numbers) |  |  |  |


| Number of places each day | Max 50 |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Staff involved | Mr Stephenson; Mrs Slade, Mrs. Reed, Mr. Evans, Mrs. Woods, Mr. Ogbhemhe, Mrs. Batty |  |  |  |
| Days the activity is running | Friday only | Y | Y | Y |
| Description | Leaving KGS by 09.00 on Friday morning we will walk as a group to Scapa beach - a distance of about 3.5 km . This should take a bit less than one hour's easy walking mostly downhill! Once there we will split up into groups and each take a bin bag and pick up some debris from the beach, especially plastic which can pose a threat to marine life. Scapa beach isn't actually too dirty at the moment, so this shouldn't be a very difficult task. At 11.00 we will re-group at the steps near the car park and deposit our bin bags at the skip. We can then have a small break before making our way back to KGS. <br> This should be a fairly relaxed morning - hopefully with decent weather- and no cost implication. All participants should take water and be prepared for any weather including sun! That means take a hat and sun cream as well as a waterproof coat and sensible shoes. |  |  |  |
|  |  |  |  | Mrs Lawtie |



| Number of places <br> each day | 25 |  |  |  |
| :---: | :--- | :--- | :--- | :--- |
| Staff involved | Mr Stephenson, Mrs McGregor, Mrs Reed and Mr Evans |  |  |  |
| Days the activity <br> is running | Thursday only | Y |  |  |
|  | A day trip cycling on Rousay. Starting at KGS, we will take a service bus to <br> Tingwall. Bikes will be taken from school to and from the boat. We will cycle <br> around the island, which is quite hilly! Pupils should bring a packed lunch, <br> waterproof clothing and warm layers. Cycle helmets must be worn. Bikes can <br> be borrowed from the school. |  |  |  |
| Description | E7 approx plus small amount for shop |  |  |  |
| Cost (if applicable) | £7 |  |  |  |


| Number of places <br> each day | 25 |  |  |
| :---: | :--- | :--- | :--- | :--- |
| Staff involved | Mr Stephenson, Mrs McGregor, Mrs Reed, Mr Evans, Mrs Scott |  |  |
| Days the activity <br> is running | Wednesday <br> only | Y |  |
| Description | A day trip cycling on Hoy. Starting at KGS, we will take a service bus to <br> Houton. Bikes will be taken from school to and from the boat. We will cycle to <br> Longhope village. For those who are interested, there will be an opportunity to <br> visit the newly opened Scapa Museum in Lyness. Pupils should bring a packed <br> lunch, waterproof clothing and warm layers. Cycle helmets must be <br> worn. Bikes can be borrowed from the school. |  |  |
| Cost (if applicable) | £7 approx plus small amount for shop |  |  |







| Number of places <br> each day | 20 |  |  |  |
| :---: | :--- | :--- | :--- | :--- |
| Staff involved | Ms Wyllie and Mrs Murray |  |  |  |
| Days the activity <br> is running | Thursday <br> only | Y |  |  |
|  | Come along to the art department to make your own fantasy art work. You will <br> learn basic skills on the Affintiy suite to help give your creative designs a <br> professional look. Want to edit photos so it looks like you are fighting a dragon, <br> want to turn yourself into a character, make it look like your flying in space, <br> redesign the poster for your favourite movie? Come along and give it a go! |  |  |  |
| Description | rem <br> Cost (if applicable) | - |  |  |

## Trout Fishing



| Number of places <br> each day |  |  |  |  |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Staff involved | Mr Memmot, Dr Scott, Mr O'Neil |  |  |  |  |
| Days the activity <br> is running | Wednesday | Y | Thursday | Y |  |
|  | Walk down to Scapa beach (about 3.5km) and learn about the local <br> environment and wildlife. We will also try and clean up the beach and make <br> some hot chocolate! |  |  |  |  |
| Description |  |  |  |  |  |
| Cost (if applicable) | Free but bring lunch and snacks |  |  |  |  |




## Sports and Games

| Number of places <br> each day | 30 MAX |  |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Staff involved | PE Dept |  |  |
| Days the activity is <br> running | Thursday | Y |  |
|  | Join the PE department and other staff for a day of different sports and <br> activities. Bring plenty of snacks, water bottle, a change of clothes and <br> footwear suitable for inside and outside. |  |  |
| Description |  |  |  |
| Cost (if applicable) | No cost - bring lunch and snacks. |  |  |



| Number of places <br> each day | 20 MAX |  |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Staff involved | PE Dept |  |  |
| Days the activity is <br> running | Wednesday <br> only | Y |  |
| Description | Meet at the school to catch the bus to the Hope. <br> We plan to play tennis, bowls and / or golf depending on the weather. <br> If the weather is poor there will be a contingency. |  |  |
| Cost (if applicable) | £10 plus bus fee (bus free with Young Scot card). Bring lunch and snacks or <br> money to buy snacks at local shops. |  |  |

# Outdoor Sketching - Stromness 

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| Number of places <br> each day | 25 |  |  |  |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Staff involved | Mr Berry <br> Days the activity is <br> running |  | Wednesday <br> only | Y |  |
| Description | Chance to develop your volleyball skills \& gameplay through different training <br> drills and games. <br> If we get too tired, then we can try out the paralympian activity of 'sitting <br> volleyball' |  |  |  |  |
| Cost (if applicable) | $\mathrm{N} / \mathrm{A}$ |  |  |  |  |



| Number of places <br> each day |  |  |  |  |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Staff involved | Mr Montgomery, Mrs Denvir, Mr Thompson and Mrs Lowrie |  |  |  |  |
| Days the activity is <br> running | Wednesday |  |  | Thursday | Friday |
| Description | Hadhirgaan members only will come together to perform and record a new <br> album. <br> Bring a packed lunch, water and snacks. |  |  |  |  |


| Number of places <br> each day |  |  |  |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Staff involved | Mr Pesci, Mr Campbell \& Mr Scott (Wednesday) |  |  |  |
| Days the activity is <br> running | Wednesday | Thursday | Friday |  |
| Description | Our S1 and S2 squads will be travelling to Thurso on the Wednesday to take <br> part in a tournament against Wick and Thurso High Schools. <br> On the Thursday, they will play a couple of friendly matches against Stromness <br> Academy. <br> On the Friday, the players will be in KGS for some football related fun activities. |  |  |  |
| Cost (if applicable) | £15 to cover the cost of the trip to Thurso |  |  |  |


$\Rightarrow$ ger

| Number of places <br> each day | 10 |  |  |
| :---: | :--- | :--- | :--- | :--- |
| Staff involved | Ingrid Groat (Orkney College) + Mrs Maclean |  |  |
| Days the activity is <br> running | Friday | Y |  |
|  | Welcome to cupcake decorating at Orkney College! Get ready to mix, <br> swirl, and sprinkle your way to deliciously decorated cupcakes. With our <br> expert instructor, Ingrid, you'll learn piping techniques, fondant <br> decorations, and more. Plus, you'll get to eat or take home your sweet <br> creations and impress all your friends. Let's get baking! |  |  |
|  | This is for S3 pupils only. Pupils need to make their own way to Orkney <br> College for 8.45 start. The activity will finish at 12.15. |  |  |
| Cost (if applicable) |  |  |  |


| Number of places <br> each day | 20 (S3 pupils only) |  |  |
| :---: | :--- | :--- | :--- | :--- |
| Staff involved | Orkney College staff (+ Mrs Maclean) |  |  |
| Days the activity is <br> running | Friday | Y |  |
|  | Get ready to shake things up at our mocktail mixology class at Orkney <br> College! With our expert instructors, Sheetal \& Sheila, you'll learn how to <br> mix and muddle your way to delicious, alcohol-free drinks that are sure |  |  |
| Description | to impress. As part of the course, you'll explore our beautiful gardening <br> grounds and learn all about sustainable, farm-to-table food <br> practices. From planting seeds to harvesting crops, you'll gain hands-on <br> experience. Whether you're looking for a refreshing sip or a fancy <br> mocktail for a party, we've got you covered. Let's get mixing! |  |  |
| Cost (if applicable) |  |  |  |

