

Week 1
W/B 19 April, 7 June

Soup	Main	Tatties/pasta	Veg	Pudding
Lentil Or Minestrone	Spaghetti Bolognaise Lamb Tagine Cheesy Veg Bake	Tatties Rice	Peas Carrots	Apple Crumble
Lentil Or Carrot & Coriander	Chicken Hot Pot Smoked Haddock & White Sauce Tattie & Mushroom Bake	Tatties	Corn Roast veg	Chocolate Sponge
Lentil Or Tomato	Mince Pie Sweet & Sour Pork Mixed Bean Casserole	Tatties Rice	Carrots Green beans	Carrot Cake
Lentil Or Cullin Skink	Chicken Curry Grilled Salmon Veg Risotto	Tatties Chips Rice	Broccoli Mixed veg	Rice and Mandarins
Lentil	Breaded Haddock Crispy Veg Bake	Wedges	Beans Peas	Fruit & yogurt

Week 2
W/B 26 April, 14 June

Soup	Main	Tatties/pasta	Veg	Pudding
Lentil Or Chicken	Cottage Pie Moroccan Lamb Mushroom Stroganoff	Tatties Rice	Green beans Carrots	Orange cake
Lentil Or Butternut Squash	Chicken Goulash Salmon & Broccoli Pasta Chickpea Fritters	Tatties Cous cous	Peas Cauliflower	Peach Melba
Lentil Or Chicken & Rice	Gammon Steak & Pineapple Sweet & sour Chicken Sweet & sour Veg	Tatties Rice	Mixed veg Broccoli	Apple Strudel
Lentil Or Moroccan carrot	Chicken Pie Fish Curry Quorn Tikka	Tatties Chips Rice	Baby carrots Corn	Steamed Jam Sponge
Lentil	Chicken Chow Mein Quorn Enchiladas	Wedges	Beans Peas/corn	Fruit & Yogurt

Week 3
W/B 3 May, 21 June

Soup	Main	Tatties/pasta	Veg	Pudding
Lentil Or Tomato & Basil	Chicken Pasta Fish Fingers Roast Med Vegetables	Tatties	Baby Carrots Green Beans	Rice & Raisins
Lentil Or Thai Chicken	Baked Tattie with Chilli Roast Lamb & Mint Sauce Baked Tattie with Lentil Lolognaise	Tatties Garlic Bread	Peas Corn	Shortbread & Pears
Lentil Or Tattie & Leek	Chicken Fajita Salmon Tagliatelle Quorn Fajita	Tatties	Cauliflower Broccoli	Fruit Cheesecake
Lentil Or Cream of Chicken	Breaded Haddock Mince & Macaroni Veg & Cheese Risotto	Chips Tatties	Beans Peas	Chocolate & Apple Cake
Lentil	Chicken Fajita Roast Med Vegetables	Wedges	Beans Mixed veg	Fruit Or Yogurt

Week 4
W/B 10 May

Soup	Main	Tatties/pasta	Veg	Pudding
Lentil Or Onion	Beef Olives Lamb Rogan Josh Herbie Spaghetti	Tatties Rice	Carrots Corn	Tapioca & Fruit
Lentil Or Chicken Broth	Chicken Chow Mein Smoked Haddock Risotto Egg Fried Rice	Tatties	Green Beans Roast Veg	Syrup Sponge
Lentil Or Red Pepper & Tomato	Beef Lasagne Pork & Pineapple Curry Spinach & Potato cake	Tatties Rice	Peas Carrots	Fresh Fruit Salad & Cream
Lentil or Chicken & Leek	Roast Chicken & Stuffing Garlic & Herb Salmon Cheese & Onion Quiche	Chips Tatties	Corn Bashed Neeps	Meringue with Fresh Fruit and Cream
Lentil	Cajun Chicken Cauliflower Cheese	Wedges	Mixed Veg Carrots	Yogurt Or Fruit

Week 5
W/B 17 May

Soup	Main	Tatties/pasta	Veg	Pudding
Lentil Or Tomato & Veg	Caribbean Chicken Haddock Crumble Mexican Beans	Tatties Rice	Carrots Peas	Steamed Fruit Sponge
Lentil Or Cauliflower & Smoked Cheese	Italian Beef Pork Stroganoff Tomato & Basil Pasta	Tatties Rice	Broccoli Mixed Veg	Apple Tart
Lentil Or Cream of Vegetable	Chicken Wrap Cheese & Spaghetti Flan Veg Stir Fry Wrap	Tatties	Green beans Corn	Bannoffee Pie
Lentil or Chicken & Sweet Corn	Cheese & Tomato Pizza Cheese & Pineapple Pizza Spanish Meatballs	Chips Tatties Spaghetti	Beans Mixed Veg	Gingerbread
Lentil	Salmon & Haddock Fishcake	Wedges	Beans Peas	Yogurt Or Fruit

Week 6
W/B 24 May

Soup	Main	Tatties/pasta	Veg	Pudding
Lentil Or Tex mex	Tandoori Chicken Fish in Parsley Sauce Spinach & Potato Curry	Tatties Rice	Mixed Veg Peas	Eves Pudding
Broccoli & Stilton	Roast Beef & Yorkie Pud Lamb Madras Chickpea Enchiladas	Tatties Rice	Cabbage Corn	Jam Roly Poly
Lentil Or Aromatic Parsnip	Chicken Fricassee Salmon & Haddock Fish Cake Veg Pasta Bake	Tatties Rice	Green Beans Carrots	Sticky Toffee Pudding
Lentil or Chicken Noodle	Steak Pie BBQ Pork Chop Spanish Omelette	Chips Tatties Rice	Beans Broccoli	Fruit Tart
Lentil	Chicken Enchiladas Quorn Hot Pot	Wedges	Beans Corn	Yogurt Or Fruit