

Orkney

Para-Sport Festival

Friday 17th March 2023



The Pickaquoy Centre
Muddisdale Road, Kirkwall, KW15 1LR



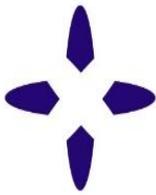
Welcome to Orkney's 2023 Parasport Festival

The Parasport Festival is about providing a range of opportunities for young people with a physical, visual, hearing impairment or down syndrome to try new and exciting sports and learn more about the pathways that are available in the region. It will be delivered by some of the best clubs and coaches available in Scotland.

About Scottish Disability Sport

Scottish Disability Sport (SDS) is the Scottish governing and co-coordinating body of all sports for people of all ages and abilities with a physical, sensory or learning disability, and is also the governing body of Boccia. SDS has the vision of developing opportunities and improving performance in disability sport for children, athletes and players with a physical, sensory or learning disability in Scotland and contributing to UK and international initiatives.

Scottish Disability Sport has a team of Regional Managers across Scotland. The Regional Manager's role is to lead the implementation, coordination and monitoring of an integrated Disability Sport Development Plan across the region for athletes and players with a physical, sensory or learning disability.



**Scottish Disability
Sport**

Regional Manager: Highland and Orkney

Kirsty Ewen is the Regional Manager for Highland & Orkney

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Telephone: 07792057153



Who is this Event for?



Below is a set of guidelines for pupils aged 5-18 years, who are eligible to take part in the Parasport Festival.

Physical Disability

Achondroplasia (dwarfism)	Multiple Sclerosis
Amputees (including dysmelia)	Muscular Dystrophy
Arthrogyrosis	Polio
Brittle Bones	Spina Bifida
Cerebral Palsy	Spinal Cord injury
Legge-Perthes	

Deaf/Hearing Impairment

Sensory disability relates to an impairment to one (or more) of the sense. An individual may have no hearing (deaf) or a mild impairment to their hearing. Some examples include:

- Tinnitus
- Otosclerosis
- Stickler Syndrome

Blind/Visual Impairment

Sensory disability relates to an impairment to one (or more) of the sense. An individual may have no sight (blind) or a mild impairment to their sight. Some examples include:

- Tunnel vision
- Cortical visual impairment

Down Syndrome

**Please note that this list is not exhaustive, however it provides a guide.*

There are a number of conditions for which this event is NOT available:

Learning Disability	Dyspraxia
Transplants	Epilepsy
ADHD	Haemophilia
Aspergers Syndrome	Hydrocephalus
Autistic Spectrum	Scoliosis
Cystic Fibrosis	

**Please note that this list is not exhaustive, however it provides a guide*



About the Event

Orkney's second Parasport Festival will be held on Friday 17th March for eligible children with, if needed, their carers, parents, and school staff. The event will be held during the schooling day; registration will take place between 09:15 and 09:30. The day will start promptly at 09.30 and finish at 15:00.

The Event is supported by Scottish Disability Sport, with a number of sport specific specialists delivering sessions. The sessions and event will be supported by Active Schools, Community Sport Officer, The Pickaquoy Centre, Inclusive Orkney and Orkney's local sporting clubs.

The Parasport Festival is a multi-sporting opportunity for children to learn new skills and / or channel interest into sport in a specific environment. The sports which will be included at the festival are:

- Athletics
- Rugby
- Climbing
- Badminton
- Swimming
- Boccia

Please contact or notify organisers if you wish your child to not part take in any specific event on the day, so we can seek an alternative and suitable activity. Contact details for local organisers-

Elaine Harcus at elaine.harcus@orkney.gov.uk

Active Schools at active-schools@orkney.gov.uk

How to register:

Registration is requested to be done online, through Just Go (Link below), and the registration will close on 14th March 2023. If you have any difficulties with the online registration, please contact local organisers (contact details above).

If you have a child who is eligible to participate, please follow the link below to register.

[JustGo](#)

On the Day

Group/ Time		Aquatics Alternatives
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09:15 - 09:30	Welcome (Main Arena)
09:30 - 10:15	Rugby
10:15 - 11:00	Athletics/Climbing
11:00 - 11:45	Climbing/Athletics
11:45 - 12:30	Lunch (Viewing Gallery)
12:30 – 13:15	Badminton
13:15 – 14:15	Swimming
14:15 - 14:50	Boccia
14:50 - 15:00	Closing remarks

*Please note this is timetable is a guide and will be confirmed and grouped accordingly once we have confirmation on numbers attending.

Event Staff

The staff supporting the event will include Scottish Disability Sport, OIC Sport and Leisure and The Pickaquoy Centre. There will also be local clubs supporting the festival. All members of staff are there to provide help and to ensure everyone has the best possible experience.

First Aid

First aid is provided by The Pickaquoy Centre. If you require any first aid, please contact a member of Parasport Festival staff.

Facilities

There are accessible toilets and changing facilities located throughout The Pickaquoy Centre. Additionally, there is a ceiling track hoist/fixed height changing bench in the Sports Centre, and a Changing Places facility in the Aquatics Changing Village. For more information about this facility, please ask The Pickaquoy Centre staff. Staff accompanying children/parents/carers will be responsible for any support required for toileting and changing.

Refreshments



Lunch will take place between 11:45 and 12:30. Pupils, parents, teachers etc. are welcome to eat packed lunches. However, there is also a café located in the centre. Lunch is to be eaten in the Viewing Gallery. Please note that lunch is not provided as part of the event.

Media

There will be visual media throughout the day with photographs taken by staff members and local photographers, as well as carers, parents and school staff who may wish to take photographs. However, you must give your consent beforehand (included in online registration), as some children cannot be photographed.

Social Media

It would be greatly appreciated if you could highlight yours or your child's involvement at the event across social media. As part of this, we would be grateful if you could tag Scottish Disability Sport:



Scottish Disability Sport



@SDS_sport



#InspiringThroughInclusion

As well as locally sharing highlights by tagging Active Schools and OIC Sport and Leisure:



OIC Sport and Leisure



@activeschoolsorkney



#activeschoolsorkney

