

**1 All Senior Pupils**

On the 18th of May, period 3, there is a focus group running for pupils over the age of 16 to discuss a new digital resource focusing on Mental Health. We need 10 volunteers for this. If you are interested and are over 16 please get in contact with me by the end of Wednesday, the 12th of May.

Miss Leslie

**2 All Pupils - Lunchtime Gaming Club**

When: Mondays during lunchtime

Where: Room F067 in English (Mr Eschborn)

What: Mainly playing Mario Kart 8 on the Nintendo Switch, other games might follow.

Who: Everyone welcome (16 pupils max.)

Participants will be chosen on a first come first serve basis, so be quick.

Mr D Eschborn

**3 All Pupils - Great opportunity to boost your BSL Skills!**

The best way to learn to sign is with a Deaf Teacher!

If you would like to join a small group to learn to sign by VC, please let Mrs Firth know by the end of Wednesday 12th May.

You don't need to have done any signing before or you may feel quite competent - all are welcome! Staff or students. If you would like to find out more before signing up, please email

[barbara.balcombe@glow.orkneyschools.org.uk](mailto:barbara.balcombe@glow.orkneyschools.org.uk)

Mrs M Firth

**4 All Registration Classes**

Winners of the caption competition is .....



Eynhallow K - 'When you come into school late and Mr Harvey isn't waiting at the door.'

Prizes and house points will follow shortly.

Miss T Leslie

**5 All Registration Classes**

This week is Mental Health Awareness Week. During this pandemic, millions of us have experienced a mental health problem, or seen a loved one struggle. That's why this Mental Health Awareness Week, MIND are asking everyone to speak out and share why fighting for mental health is important to you.

Today can you watch a quick video about Mental Health Awareness week-

[https://www.youtube.com/watch?v=a\\_LIZgAmI-o](https://www.youtube.com/watch?v=a_LIZgAmI-o)

For further support or information please contact your guidance teacher or check out the following online support:

- <https://www.mentalhealth.org.uk/>
- <https://www.mind.org.uk/>
- <https://www.nhs.uk/mental-health/nhs-voluntary-charity-services/nhs-services/how-to-access-mental-health-services/>

Miss T Leslie