

1 S3 Pupils – Maths and English change P4 Friday

From today

S3 pupils who have had English P4 on Fridays will go to Maths

S3 Pupils who have had Maths P4 on Fridays will go to English

Check the class lists posted on the Office window for your class and teacher.

Mr N Ewing

2 Senior Pupils – Higher & Advance Higher Checkpoints

Just to remind pupils that the Higher and Advanced Higher Assessment Checkpoints begin on **Monday** and will last **two weeks**.

Pupils should follow their timetables, and on the day of a checkpoint assessment you will leave class **15 minutes** before the assessment starts and make your way to the venue.

If you have an assessment at 9am you should go to registration, then the assessment venue.

After the assessment you should return to timetable classes.

Please check your timetable so you don't miss any assessments.

Pupils can check their timetables at the office if they need to.

Any issues please see me as soon as possible.

Mr Ewing

3 Senior Pupils – Assessment Checkpoints Additional Arrangements

Ms Phillips has emailed everyone who has requested additional assessment arrangements – extra time, reader, room etc.

Please check your email. If you have any questions or anything needs to be changed, please discuss with Ms Phillips as soon as possible.

Anyone who has a reader/ scribe or separate room wait in the music breakout area 10 minutes before your exam is due to start.

Ms M Phillips

4 KGS Blender Club

Are you interested in Animation, Graphics, Game design, Media or 3D modelling? If your answer is Yes you may be interested in Blender Club. Starting on Tuesday 20th of April at 3.35 in room 85 (D&T Dept) we are going to be learning and using Blender together to build skills and create amazing things. First week will be an introduction to Blender and what we will do with the club. (Teachers are welcome to come as well)

(Blender is a Free, multi-faceted computer program that is used to create, animate, and render computer generated characters and models)

The club will run every Tuesday after school 3.35pm- 4.30pm in room G085 (D&T dept)

Mr S Woodrow

5 S6 pupils – Yearbook

This year's yearbook will cost £17.00. If you could please hand in your money to Rebekah Johnstone by Friday 30 April at the latest.

We will also be retaking photos if needed/wanted on Thursday 29 April at lunchtime in the area opposite Reception.

Also on Friday 23 April we will have a box on the table opposite the Management corridor for you to cast your yearbook award votes.

Yearbook Committee

6 All Pupils – Stress Awareness Month

April is Stress Awareness Month and aims to increase public awareness about both the causes and cures for our modern stress epidemic. The theme for Stress Awareness Month 2021 is 'Regaining Connectivity, Certainty and Control'.

Have a go at the following quiz about stress awareness at work-

<https://www.ihasco.co.uk/blog/entry/2116/stress-awareness-quiz>



[Stress Awareness Quiz | iHASCO](#)

Statistics show there are around 526,000 cases of work-related stress in Great Britain each year, and nearly 12.5 million working days are lost because of it - which equates to over 3 weeks for each case! Have a go at our Online Stress...
www.ihasco.co.uk

For further support or information please contact your guidance teacher or check out the following online support:

<https://www.stress.org.uk/>

<https://www.mind.org.uk/>

<https://www.nhs.uk/mental-health/nhs-voluntary-charity-services/nhs-services/how-to-access-mental-health-services/>



[How to access mental health services - NHS](#)

Mental health services are free on the NHS, but in some cases you'll need a referral from your GP to access them. There are some mental health services that allow people to refer themselves.
www.nhs.uk