

<p style="text-align: center;">Study timetable</p> <p>Create a timetable of what you will study and when; build in rest periods</p>	<p style="text-align: center;">‘Journey’</p> <p>Imagine a topic like a journey; what’s the first step, second step and so on.</p>
<p style="text-align: center;">Flash cards</p> <p>Summarise each topic on a small card you can carry with you and use for last minute revision</p>	<p style="text-align: center;">Write a song</p> <p>Add key words to your favourite tune or song; see if you can then replay it in your head to remind you</p>
<p style="text-align: center;">Record/listen to yourself</p> <p>Record your notes; listen to it when sleeping, walking or at the gym</p>	<p style="text-align: center;">Making a PowerPoint</p> <p>Make PowerPoint presentations about topics to help you learn</p>
<p style="text-align: center;">Friend or family help</p> <p>Give people you know questions and answers then ask them to quiz you</p>	<p style="text-align: center;">Mnemonics</p> <p>Remember the first letters from words or phrases e.g. ROY G. BIV</p>
<p style="text-align: center;">Writing over and over</p> <p>Write the same key information over and over until it sticks in your head.</p>	<p style="text-align: center;">Paper/notes around your house</p> <p>Leave notes in your room, on the fridge or elsewhere to teach you</p>
<p style="text-align: center;">Past Paper questions</p> <p>Practise Past Paper questions. You get them in this book or on the SQA website.</p>	<p style="text-align: center;">Playing Card revision</p> <p>Write your own playing cards e.g. question/ answer on different sides. Then test yourself or a friend.</p>
<p style="text-align: center;">Reading</p> <p>Read your notes or new notes you’ve made; maybe on the school bus?</p>	<p style="text-align: center;">Link to objects</p> <p>Link key topics to objects in your room to help you visualise an answer</p>
<p style="text-align: center;">Telling someone else</p> <p>Tell someone what you know about a topic; ask them to question you too</p>	<p style="text-align: center;">Mind maps</p> <p>Write mind maps; it’s easier than remembering whole essays</p>
<p style="text-align: center;">Study partners</p> <p>Work with a partner; share notes and test yourself. But don’t get distracted!</p>	<p style="text-align: center;">Timed questions</p> <p>Give yourself a short time to write everything you know about a topic.</p>